

Applicant's Name

Session

Birth Date

 Male Female

Physician's Examination

HEALTH FORM

This examination should be performed within 12 months of arrival at camp. Examination for some other purpose within this period is acceptable. Examination is for determining fitness to engage in strenuous activity.

Height

Weight

Pulse

Blood Pressure

Hct/Hgb Test (if appropriate)

Urinalysis (if appropriate)

Please rate the following:

V – Satisfactory
X – Not satisfactory
O – Not examined

Eyes

Ears

Nose

Throat

Lungs

Heart

Abdomen

Genitalia

Hernia

Extremities Posture

Skin

Neuro

General Appraisal

Please address any concerns from above.

Medications

Does the applicant take medications? Yes No

If yes, please complete our separate **Medication Authorization Form**. Additionally, if your child is required to carry and self-administer emergency medication, a signed **Emergency Medication Authorization Form** must also be submitted.

Allergies

Please list any allergies the applicant may have.

Immunizations

Date of last tetanus shot

Are immunizations up to date? Yes No

Current Medical Problems and Treatments

Use a second sheet if needed.

Recommendations

List restrictions on the applicant at camp.

I have examined the person herein described and have reviewed the health history. It is my opinion that this person is physically able to engage in camp activities, except as noted above.

I examined the applicant today Yes No

If no, date of examination

Name of Doctor

Signature

Date

Contact Information



All forms should be in by **July 31st** and should be uploaded to your CampDoc digital application or mailed to:

The Kita Center
PO Box 238
North Berwick, ME 03906

info@campkita.com